

CREATE TO HEAL (™) MOBILE APP for Holistic Patient Care

ABOUT

This free mobile app is brought to you by The Women with Wings Foundation and our Create to Heal Program.

It is designed to gently take you from your head, into your heart, where the healing process begins. Since stress is a core contributor to all major diseases, including cancer, the goal of our mobile app is to provide you with relief from stress through beautiful imagery, sounds and words.

The guided meditations, music, art and inspirational quotes you are about to experience have been tested in 13 hospitals and cancer centers over a period of 7 years and complement your doctor's recommended course of treatment.

To download the free app, please visit:

www.womenwwings.org on your mobile device.

The **Download Now** button is on the right side of the page, in the mobile app box. The app works with Android and Apple devices, including tablets.

Please feel free to share the app with your doctor, family and friends.

To send comments and feedback, please email us at:

info@womenwwings.org.

All the best to you and your loved ones.

Patricia Varga, The Women with Wings Foundation

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To download the free app:

For Apple Devices, please go to the iTunes store and under App Store, search for Create to Heal, which is listed under the medical category.

For Android devices, please go to Google Play and also search Create to Heal - the free app will pop up.

